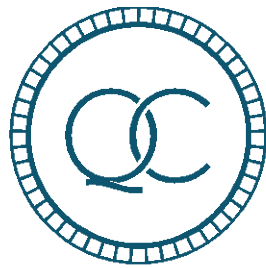




and



QUILTER CHEVIOT

INVESTMENT MANAGEMENT



Dear Enthusiast

Welcome to our exciting 2015 Everest Challenge!

Whilst this is the first Challenge that The Antoine Trust is organizing, it promises to be amazing, and we are delighted that Quilter Cheviot will be sponsoring this trek to the Base Camp of the Top of the World.

We look forward to a fantastic journey with you.

Kind regards

Anne Willing
Trustee

What you need to know

This pack will tell you what you need to know to sign up to the Antoine Trust and Quilter Cheviot Everest Challenge 2015, as well as some information on Nepal and details on fundraising.

When is the Challenge

The Everest Base Camp Challenge is an 18 day trip from Saturday 7 November to Tuesday 24 November 2015.

Who is organizing the Antoine Trust and Quilter Cheviot Everest Challenge 2015

“The Antoine Trust and Quilter Cheviot Everest Challenge 2015” is organized by The Antoine Trust in conjunction with Charity Challenge, a specialist adventure travel company (ATOL number 6546).

Who is it open to

Anyone over the age of 18 can take part. As long as you can complete the Challenge you are never too old.

An inclination for adventure travel is a must, and a good sense of humour is recommended.

What is the size of the group

The Everest Base Camp Challenge is limited to 30 participants and will run with a minimum of 16 people.

How fit do I need to be

This Challenge is rated as “extreme”, mainly due to the high altitude, terrain and the length of the days. A high level of fitness and training is required to ensure you can complete the Challenge, and enjoy it!

If you would love to go and have a good level of fitness, but feel you are not “quite there” for this Challenge, this is your chance to up your training.

In order to assist you with this, various training sessions will be organized over the coming months, which we would encourage you to attend. Besides, this will be a good opportunity to get to know the other participants.

Who are the Challenge leaders

Charity Challenge have experienced English speaking trek leaders, supported by local teams of guides, porters and cooks. Charity Challenge also supplies a doctor on each trek.

What is the cost

The total cost of the trip is in the region of £2,500.

(The amount payable to Charity Challenge is £2,215 and you should allow extra for the Jersey /London flights, insurance, visa and vaccination)

Fundraising

In addition, we ask that you raise a minimum of £1,000 for The Antoine Trust.

We appreciate that this may prove a tall order for some, but will do our best to help you with fundraising ideas and events and provide support for your training.

You may chose to organize your own fundraising events, or take part in joint activities, over the course of the next few months. Top tip: don't leave it to the last minute! By then, you will be busy packing! We will send you quarterly reports on how you are doing.

How do I get further details

Feel free to contact The Antoine Trust at info@theantoinetrust.com or call Anne Willing on 07797 729423 with your questions.

There is also a wealth of detailed information on the Charity Challenge's website www.charitychallenge.com. Click on "Choose your Challenge" and select "Nepal". This will take you to the various dates available; select "base camp November 2015". Tabs appear on the right hand-side of the page with information on Itinerary, FAQs, Fact File and more.

How do I sign up

Please follow the registration process on the Charity Challenge website. If you had a look at the website to get an idea of what to expect on this trip, you will have seen the "Book Now" tab.

Please note that you should register under the "Self Funder" option only.

Please read the booking conditions, notably the requirement for suitable insurance.

Charity Challenge will then inform the Antoine Trust that you have applied to join the trip and request the Trust's authorization to complete the booking.

The Antoine Trust will confirm your participation to Charity Challenge, providing you have completed and returned the attached "Conditions of Entry" and "Contact details" to the Antoine Trust, Monte Bello, Le Vieux Beaumont, St Peter, Jersey JE3 7EA.

Conditions of Entry

1. This Challenge is organized as a “self funder” only and as a participant you will be responsible for ensuring that the deposit and installments are paid to Charity Challenge in accordance with their agreement, and that you have sufficient funds to meet the costs of the flights to and from London, insurance, visa, and vaccinations as they arise.
 2. In addition, you will undertake to raise a minimum of £1,000 for THE ANTOINE TRUST.
 3. Should you, for whatever reason, not take your place on the Challenge, all sponsorship forms and monies collected should be sent to THE ANTOINE TRUST or returned to your sponsors.
 4. Participants must be 18 or over before the Challenge’s departure date.
 5. Passport should be valid for 6 months beyond the Challenge dates of travel. If you are refused passage and/or entry/exit into your country of destination, any additional costs will be your responsibility. Any independent travel arrangements are also at your own risks.
 6. The Challenge and the terrain are demanding. You must take out suitable travel insurance either with charity Challenge or provide confirmation that you have your own travel insurance policy which will cover you for the area visited and the specific activities undertaken. You should also satisfy yourself that this insurance is sufficient for your personal circumstances and requirements.
 7. Entry into countries vary but you must ensure that you do not suffer from alcohol or drug dependency.
 8. Any medical conditions that may affect you in relation to the Challenge should be discussed with your GP and fully disclosed to Charity Challenge.
 9. Entry to the Challenge is at the discretion of THE ANTOINE TRUST and the Trust reserves the right to refuse entry to any participant at any time if it considers the participant’s participation to be inappropriate.
 10. Whilst THE ANTOINE TRUST and Charity Challenge endeavor to follow the planned itinerary, there may be circumstances when this is not possible. THE ANTOINE TRUST and Charity Challenge reserve the right to modify the itinerary as required.
 11. THE ANTOINE TRUST will not be in any way responsible for any medical condition or illness suffered by you during or after completion of the Challenge or for any injury to your person or loss or damage to your property howsoever caused or for any consequences of any such medical condition illness accident or damage whether sustained during or at any time after completion of the Challenge.
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- I apply to take part in THE ANTOINE TRUST AND QUILTER CHEVIOT EVEREST CHALLENGE 2015 specified above in accordance with the conditions of entry which I have read and understood.
 - I undertake to raise a minimum of £1,000 to be sent to THE ANTOINE TRUST prior to departure.
 - I consent to THE ANTOINE TRUST having access to information I have provided to Charity Challenge.

PARTICIPANT
Signed

for THE ANTOINE TRUST
Signed

Name

Name

Date

Date

Contact details

Address:.....

.....

Email:.....

Mobile and/or home No:.....

Next of kin contact details during the trip:.....

Shirts

You will be provided with 3 tops for your use during training and on the Challenge.

Please indicate your size:

X-Small (21-31")

Small (33-34")

Medium (35-37")

Large (38-39")

X-Large (40-41")

XX-Large (42-43")